

Dermatology Kitchener

Dermatology Kitchener - A skin rash is defined as a change of the skin which affects its texture, color or appearance. Rashes could be localized in one area of the body or they can affect the whole skin. Usually, rashes could cause the skin to itch, become bumpy, dry, blistered, cracked, painful, swollen or warm. Normally, rashes can cause the skin to change color. The causes and treatments for rashes differ considerably depending on the diagnosis. The diagnosis is formed by considering different elements like for instance the rashes' overall appearance, what the individual's job is, other signs, family history and what the patient may have been exposed to. The diagnosis may in fact confirm any number of health problems.

The rash may help to indicate some associated symptoms and signs that are common to particular diseases. Measles for instance, can give a rash that is referred to as an erythematous, morbilliform, maculopapular rash. This normally presents itself a couple of days after the fever begins and naturally it presents at the head and then works its way downwards.

The most common causes of a skin rash comprise food allergies, anxieties, dyes, medicines and insect stings and bites. Jewelry made of nickels and zincs have been found to be allergens. Skin contact with an irritant often causes hives. These raised portions of skin could become red, inflamed, itchy, swollen and painful. Rashes may also result from a reaction to vaccination, from a fungal infection such as ringworm, from sunburn or heat exposure, from friction because of chafing of the skin, and from skin diseases like for instance acne or eczema.

Bacterial and viral infections can lead to a rash on the skin. The smallpox, chickenpox, cold sore and measles viruses can result in uncomfortable and distinct rashes. There are some uncommon causes of rashes like for example: Lyme disease, pregnancy, lead poisoning, autoimmune disorders like for instance psoriasis and of course repeated and frequent scratching on a particular area.

There are many probable causes of a rash, making the evaluation harder. To be able to obtain an accurate evaluation, a health provider may have to do a completely thorough history. For example, what is the individual's occupation? Are they taking any kind of medication on a regular basis? Has the person recently traveled to whatever exotic locations? Normally, a complete physical examination will help in order to determine the cause and origin of the rash.

Particular Factors to Include in the Examination Are:

The appearance of the rash, for instance, is it sandpaper and fine as found with scarlet fever, is it purpuric, which is normal for vasculitis and meningococcal disease? Is the rash consisting of plaques with silver scales that is usually seen with psoriasis? Or does the rash consist of circular lesions with a central depression, that is typical of molluscum contagiosum or small pox?

What is the distribution of the rash? For instance with chicken pox, the vesicles often follow the hollows of the body; therefore, they are most prominent along the depression of the spine on the back as well as in the hollows of both shoulder blades. The rash presented with scarlet fever becomes confluent and forms bright red lines in the skin creases of the neck, armpits and groins. These lines are referred to as Pastia's lines. There are not many rashes that affect the soles of the feet or the palms of the hands, although this could be seen in spotted fevers or rickettsia, secondary syphilis, hand, foot and mouth disease as well as guttate psoriasis and even in keratoderma blenorrhagica. The symmetry of the rash is another feature to think about. Like for instance, herpes zoster normally just affects one side of the body during an outbreak and does not cross the midline.

It is generally good advice never to scratch a rash, because whichever scratching may cause it to spread. It could be tempting to softly rub the affected area to be able to provide temporary relief but it is better to avoid contact with the affected parts completely.

Symptom Overview:

Various skin diseases may show their signs on the body. These symptoms could come in the form of Acne Vulgaris that consists of papules, nodules, pustules, comedones. Normally, this particular condition is found on the back, chest and the face. Acne Rosacea is defined as an area of redness or flushed appearance, usually found on the nose, chin, forehead or cheeks. Boils are a skin condition that can occur anywhere as a cluster or series of red painful bumps or a red painful bump. Cellulitis can be found all-around a skin breach like in a cut or scrape. It presents as a swollen, red and tender area of skin. Insect bites could occur anywhere on the body and are found as itchy and red, often swollen bumps on the skin.

After being exposed to or ingesting some foods, drugs or medicines, allergic reactions may visibly appear on the skin. They appear as raised, irregular or flat red sores. Hives could appear anywhere on the body. These are bumps that form suddenly and are often initially noticed on the face. Seborrheic Dermatitis is the definition of bumps and swelling that appear near glands. Cradle Cap is a condition on the scalp of recently new born babies that looks like scaly, dry skin. Irritant Contact Dermatitis is another condition that becomes a red, scaly or itchy or oily rash. It could be found on the edge of the scalp, nose, eyebrows or where the body is in contact with perfume, jewelry or clothing.

Some bushes and trees including sumac, poison ivy and oak may elicit an allergic response known as Allergic Contact Dermatitis. It presents on the individual as red, scaly, itchy or oily rash which can be weeping or leathery. Allergic Purpura can happen anywhere on the body and looks like tiny red dots on the skin or even bigger, bruise-like spots that appeared after taking medicine. Pityriasis Rosea could initially start with a single red, scaly, somewhat itchy spot. In a few days, there can be large numbers of smaller patches of red or tan rash. This is found on the abdomen and chest part. Dermatitis Herpetiformis is a condition which comprises an intensely itchy rash together with blisters and red bumps, found on the buttocks, elbows, knees or back.

These are some of the common skin rashes: warts, Erythema nodosum, Chickenpox, Psoriasis, Shingles, Fifth Disease, diaper rash, Ringworm, Jock itch, yeast infection, Impetigo, Tinea versicolor, Scabies, Rocky Mountain spotted fever, Lupus erythematosus, and many others.

Treatment

Depending upon the kind of rash the person has, there are different treatment options obtainable. Lots of skin rashes could be cured making use of non-steroidal treatments like for instance salves made with aloe vera, sage, tea tree oil or comfrey. Other topical steroid creams such as hydrocortisone are prescribed. Different medications could be found over the counter and some can be specifically blended from a Naturopathic doctor or Herbalist.